GreenThumb’s Fall
Program Guide 2006
September ♦ October ♦ November

Summer Program Activities:

Rainy skies blessed GreenThumb’s Summer Herbal Wellness Workshop held on Saturday, June 24th at the Five Star Block Association Garden in Manhattan. Participants from community and school gardens all over the city gathered in the garden’s gazebo to learn from Michelle Johnson, Herbal Journeywoman and Bronx community gardener, as she discussed the healing benefits of various plants. Afterwards, the group sampled several delicious herbal teas, including a Summer Soother Tea composed of linden blossoms, rose petals, mint and red clover. After the workshop participants received herbal tea mixtures to try at home. Pictured are community and school gardeners sampling teas; Michelle Johnson is fifth from the left, towards the center of the photo. Many thanks to Classie Parker and all the gardeners of the Five Star Block Association Garden for hosting the workshop.

Does your garden need any of the following supplies? Look inside for details...

- Perennials for Division
- Perennials for Rain Gardens
- Spade Shovels
- Spring Bulbs
- Soil, Compost, Cleanfill
- Composting Buckets and Aerators
- Pointed D-Handle Shovels
- Seed Saving Supplies

Please note that garden members must attend workshops in order to receive supplies. All workshops are rain or shine, cancelled only in the event of lightning or other dangerous conditions. All supplies are first come, first served while supplies last.
Dividing Perennials

**Perennials for Division & Spade Shovels**

WITH LUIS LEMUS, BRONX GREEN UP/ NYBG

Many plants will grow and grow and grow -- until they outgrow where you want them to be in your garden. Come learn appropriate techniques for ‘dividing’ a plant -- which will encourage healthier plants as well as provide extra plants to share with your friends and neighbors. Afterwards, perennials appropriate for future division will be distributed.

**Sept 26**TH **5-7pm** **BRONX**

at Little Green Garden

377-381 East 161st St.
btw Courtlandt & Melrose Aves.

Subway: B, D trains to 167th St./Grand Concourse.
2, 4, 5 trains to HUB at 149th St. & Grand Concourse.
Bus: Bx6, Bx13 along E. 161st St., Bx2, Bx41 along Melrose Ave.

Creating a Rain Garden

**Perennials for Rain Gardens & Spade Shovels**

WITH ROBIN SIMMEN, BROOKLYN GREENBRIDGE/BBG,
LENNY LIBRIZZI, CENYC AND THE WATER RESOURCES GROUP

What is a rain garden? How would installing a rain garden in my community garden help prevent pollution in NYC’s waterways as well as improve my garden’s landscape? A brief presentation about rain gardens will address these questions and will be followed by a hands-on demonstration of how to install one in your own garden. Afterwards, perennials appropriate for rain gardens as well as other landscaping applications will be distributed.

**Sept 28**TH **5-7pm** **MANHATTAN**

PBC’s Washington Memorial Garden

321-325 West 126th St., btw St. Nicholas Ave.
& Frederick Douglass Blvd.

Subway: A,C trains to 125th St.
Bus: M10 along Frederick Douglass Boulevard, M100/ M101/ M60/ Bx15 along Martin Luther King Blvd.
**Get Your Compost On!**

**Order Soil/Compost/Cleanfill, Compost Aerators & Pointed D-Handle Shovels**
NYC COMPOST PROJECT STAFF AT THE BROOKLYN BOTANIC GARDEN, THE NEW YORK BOTANICAL GARDEN, QUEENS BOTANICAL GARDEN, STATEN ISLAND BOTANICAL GARDEN AND THE LOWER EAST SIDE ECOLOGY CENTER, CO-SPONSORED WITH PARTNERSHIPS FOR PARKS

The NYC Compost Project presents a two-event series on the Hows and Whys of composting in New York City. We will discuss different scales and designs for outdoor composting in an urban setting, setup and maintenance, and then what to do with our finished compost. Participants will come away with hands-on experience in producing and using compost on their own.

Workshop participants will be able to obtain a subsidized compost bin ($20) thanks to funding by the Department of Sanitation. Please pre-order your subsidized compost bin by either calling (212) 477-3155 or e-mail info@lesecologycenter.org.

Workshop space is limited, please RSVP to reserve a space: (212) 788-8078.

**Sept 12TH 6-8pm MANHATTAN**
This hands-on workshop will introduce different scales and designs for outdoor composting in an urban setting.

**Sept 19TH 6-8pm MANHATTAN**
Now that you learned how to compost, learn what the finished product can do for your garden and plants. This workshop will discuss the secrets of healthy soil, why and how to use compost, how to make your very own compost tea and more.

*at Pelham Fritz Recreation Center, Marcus Garvey Park*
W. 120th St., btw Mt. Morris Park W. & Madison Ave.
Subway: 4/5/6 to 125th St., 2/3 to 125th St.
Bus: M1 to E. 121st St.

**Feed your Garden Lasagna, Then Put it to Sleep!**

**Order Soil/Compost/Cleanfill & Ceramic & Plastic Kitchen Compost Buckets**
WITH DANIEL TAINOW, QUEENS BOTANICAL GARDEN COMPOST PROJECT INSTRUCTOR
Come to this workshop and learn about one way to feed your soil by feeding it lasagna! Yes, you heard right, LASAGNA! A hands-on demonstration will show how to do lasagna composting, also known as sheet mulching. This method is especially useful for revitalizing an older, nutrient deficient bed or creating a new bed by breaking into sod. We will also demonstrate putting your garden to sleep with a cover crop.

**Oct 12TH 5-7pm QUEENS**
*at Block Association #81*
107-27 Inwood St. south of Shore Ave.
Subway: J train to Sutphin Blvd.
Bus: Q112 to Inwood St.

**Spring Bulbs**

**Help Plant Bulbs at a Newly Relocated Garden Site**

**Spring Bulbs**
WITH GT STAFF GREEN GUERRILLAS AND MORE GARDENS!

Please come help plant spring bulbs in the newly relocated Latinos Unidos Garden site. After many years in their former location they are starting over in a new lot and could use help from fellow community gardeners getting ready for next spring. Also, pick up a selection of spring bulbs for your garden group -- this year we will distribute new varieties.

**Nov 2ND 4:30-6:30pm BRONX**
*at Latinos Unidos Garden*
427 East 157th St. btw Melrose & Elton Aves.
Subway: 2, 4, 5 trains to HUB at 149th St. & Grand Concourse. Bus: Bx2, Bx41 along Melrose Ave., Bx15, Bx21, Bx55 along Third Ave.
Bulb Planting Demonstration at Tompkins Square Park

** Spring Bulbs **

MICHAEL LYTLE, TOMPKINS SQUARE PARK GARDENER AND PARTNERSHIPS FOR PARKS

Come learn about appropriate spring bulb site selection and bed preparation with longtime Parks gardener, Michael Lytle. He will also discuss how to select and make attractive bulb planting combinations. Also, find out about gardening internship opportunities with Tompkins Square Park. A short lecture will be followed by a hands-on bulb planting project in the park. Afterwards, a variety of spring bulbs will be available for distribution.

Volunteers are needed to come early (9:15am) to help lead planting demonstrations, call (212) 788-8078 if you would like to help out.


Get BONUS SUPPLIES AT A GREENTHUMB WORKSHOP IN THE FALL

** Send someone from your garden who has not attended a GreenThumb workshop in 2005 or 2006 (not including the GrowTogether) and they will receive a surprise BONUS RESOURCE for use in your garden. Limited to one supply per garden. **

Artists, Singers, Dancers...

Greenthumb is sending a call out for your participation in our annual Harvest Fair! We wants to invite performers, crafts persons and fine artists to table or perform. There will be an Art Festival Tent and tables set up for you to ply your wares directly to the greening community without any fees! Or participate on stage and show the community your various talents. Painters, sculptors, even interactive performance art is encouraged!

Send in the Call to Artist form available on our website, or contact Glenis Holder, the Adventures in the Arts coordinator.

T:(212) 788-8073 E:glenis.holder@parks.nyc.org
The fall festival celebrating city gardeners of all ages!

Hattie Carthan Community Garden

11am - 12:30pm
Registration for Harvest Fair competition entries.

12 - 5pm
All day Harvest Fair Festivities with food, local arts and crafts, horse rides with the Black Cowboys, workshops and giveaways, kids’ activities and live stage performances.

After 2pm
Contest winners announced.

Workshops
1. Seed Saving
2. Canning
3. Nature Indoors

Co-sponsored by Just Food

Shuttle Bus from the Bronx
For our Bronx Community Garden Members

◆◆ Bronx Gardeners -- GreenThumb will be providing a shuttle bus to the GreenThumb Harvest Fair. Meet promptly at 149th St. and the Grand Concourse, right outside of HOSTOS Community College. The bus leaves at 8:30am sharp! ◆◆
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**Applying Cultural Diversity in Horticultural Programs: A Symposium**

**Where do human culture and horticulture intersect? How can horticultural programs reflect cultural diversity?**

SPONSORED BY THE GLASS GARDEN AT RUSK INSTITUTE OF REHABILITATION MEDICINE NYU MEDICAL CENTER.

For the answers, the symposium draws upon the experience of the horticultural practice at New York University Medical Center where for more than 20 years therapeutic professionals have been at the forefront of involving multicultural patients and their families in their classes.

**FRIDAY, SEPTEMBER 15TH, 2006**

To register for this all day event or for more information please call Nancy Chambers at (212) 263-6058 or email glassgardenrusk@nyumc.org

This is not a GreenThumb event.

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**Farms for City Kids**

Farms for City Kids is an experiential education program on a Vermont dairy farm. Each week, up to 25 classmates and their schoolteachers are immersed in practical, hands-on activities and farm chores that are challenging, thought-provoking and fun. This unique experience is provided free of charge to participating students from schools in the Metropolitan New York area, Boston, New Jersey, Vermont and beyond.

Farms for City Kids is introducing a new Young Ambassador Program in 2006 that will create lasting bonds between the farm and a select group of New York students.

Farms for City Kids is seeking your help locating urban community gardens in which these Ambassadors can volunteer their time and continue their farm education.

For more information, contact Education Director Rob Macri at 802-484-5822 or rob@farmsforcitykids.org.
Basic Summer Supply Pick-up

Rainy, windy skies did not keep more than 135 community gardeners from attending GreenThumb’s Basic Summer Supply Pick-Up on June 3rd at the GT/LRP Compound in Queens. The day was a great success and many, many gloves, garden hoses, garbage bags, garden forks, shovels (6 types!), hoes and rakes were distributed. GreenThumb wishes to thank the many community gardeners who helped make the day a success, especially Mr. Tommy Walker of the Euclid 500 Garden -- who always comes through for us. Thanks Tommy! We also wish to congratulate our very own Harold Paynter who was promoted to Operations Coordinator. Mr. Tommy Walker (left) and Harold Paynter (center) are pictured with Edie Stone, GreenThumb’s Director.