



VOLUNTEER RELEASE AND WAIVER

I, _____, am volunteering with the City of New York (“City”) acting by and through, the New York City Department of Parks & Recreation (“NYC Parks”) and _____ (the “Garden”). When I am participating in this volunteer project, I agree to:

- Cooperate promptly and fully with all directions of NYC Parks’ personnel and Garden project leaders.
- Follow all of NYC Parks’ Rules and Regulations, and all applicable City, State, and Federal laws, rules, and regulations.

I understand:

- That my failure to behave appropriately may result in being prohibited from further participating in this or other NYC Parks or Garden volunteer programs.
- The nature of the activities that I will be involved in, including, but not limited to:
 - **Gardening:** activities typically associated with gardening and caring for open space, including but not limited to spreading materials (soil, woodchips, mulch, etc.), planting and removing vegetation, digging holes, watering vegetation, and carrying and lifting materials;
 - **Site maintenance:** activities typically associated with maintaining open space, including but not limited to creation and maintenance of paths and walkways, weeding, painting and removing paint, sanding, sweeping and raking debris, and picking up litter and other materials;
 - **Event planning:** activities typically associated with preparing for and hosting events, including but not limited to moving tables and chairs, setting up supplies, participating in group activities, walking around gardens;
 - **Construction activities:** building and/or assembling basic structures, including but not limited to picnic tables, benches, rainwater harvesting systems, gazebos, garden beds, and shade structures; and
 - **Use of tools and equipment:** use of tools and equipment including but not limited to shovels, rakes, hoes, power drills, pruners, hammers and other hand tools, carts, wheelbarrows, and other tools and equipment typically used to maintain gardens and open spaces.

I represent that I am physically fit and do not have a medical condition that would restrict me from participating in these types of strenuous physical activities. I acknowledge that there are risks associated with physical activities of this nature, including the risks of serious bodily injury and death, and I hereby assume all dangers and risks associated therewith.

I understand that:

I am responsible for my own behavior and agree that I will only perform tasks that I feel comfortable and safe doing, and that I am medically and physically capable of doing.

It is my responsibility to safely travel to and from the volunteer site. I shall not hold NYC Parks or the Garden responsible for any injury I might sustain because of my travel to and from the volunteer site. In the event that a NYC Parks’ vehicle transports me to or through the volunteer site, I agree to wear my seatbelt and follow all recommended safety precautions.

The City and the Garden will not cover any medical expenses due to injury received through my participation in this volunteer project. In partial consideration of my acceptance as a participant in this volunteer project, I hereby agree to waive all claims I have or may have against the City and/or the Garden in relation to volunteer projects. I agree to release and hold harmless the City and the Garden, along with their respective employees, agents, affiliates, sponsors or other representatives, from any and all claims for any and all expenses, personal injury, loss, or damages incurred during or in connection to my participating in this volunteer project.

I represent that I am at least 18 years of age and understand the terms of this waiver.

Volunteer Signature: _____ Date: _____

Volunteer Name (print): _____

Address: _____

Phone: _____ Email: _____

Emergency Contact: _____ Phone: _____