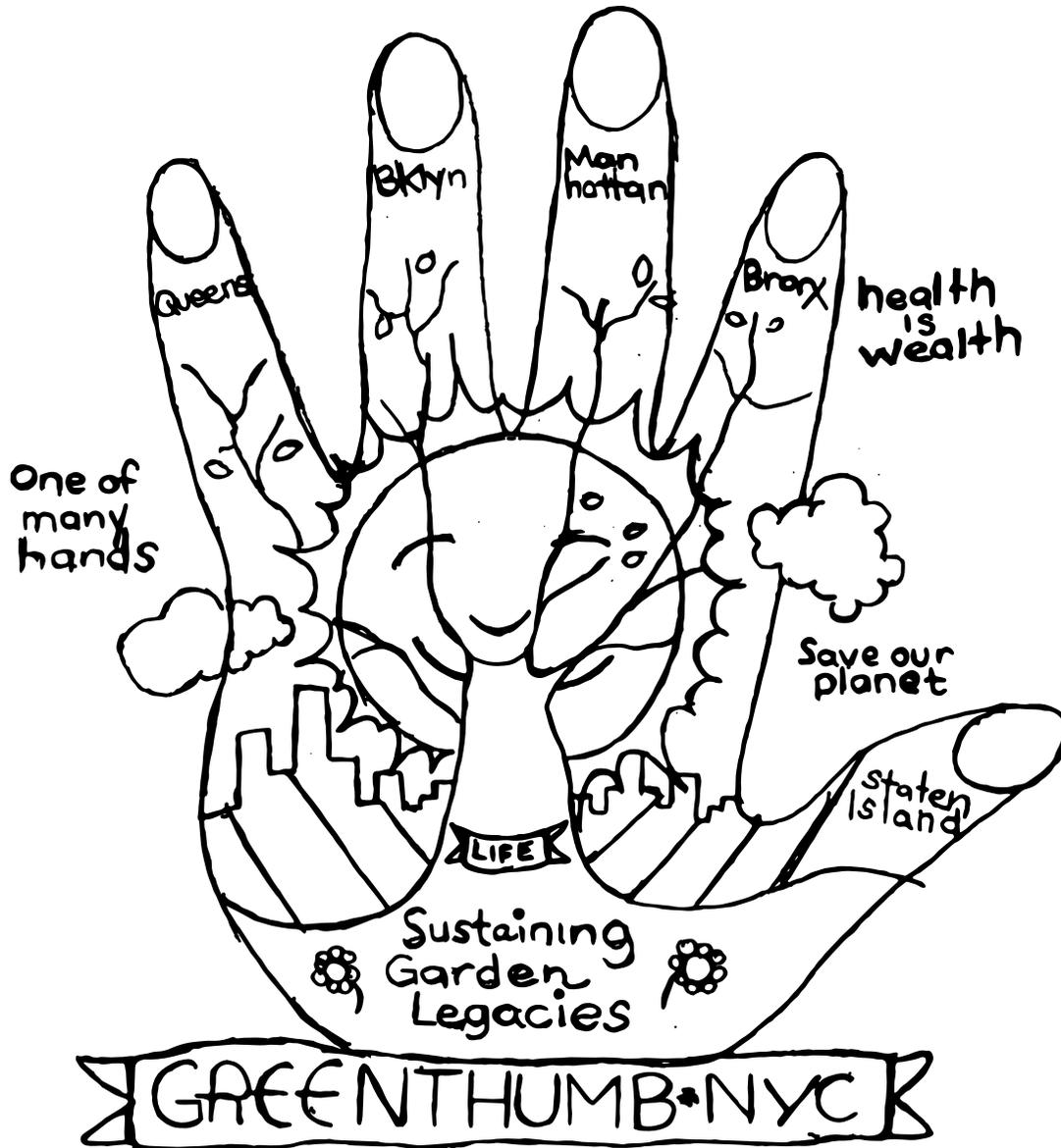




NYC Parks
GreenThumb



33rd Annual GreenThumb GrowTogether Conference Guide

Hostos Community College
March 25, 2017

PROGRAM

Registration	8:30 - 9:15 a.m.	In front of Auditorium
Breakfast	8:30 - 9:15 a.m.	In front of Auditorium
Opening Ceremony	9:30 - 11:00 a.m.	Auditorium

- Welcome from Bill LoSasso Director GreenThumb, City of New York / Parks & Recreation
- First Deputy Commissioner Liam Kavanagh, NYC Parks
- Manhattan Borough President Gale A. Brewer
- Keynote Address by Tony Hillery, Founder and Executive Director of Harlem Grown and Kadiatou Ba, Harlem Grown youth member
- Performance by Music with a Message – The Music with a Message youth band (MWAM) empowers youth to write and perform original songs that spread positive messages of hope, love, inspiration, and healing to inner city families and communities. MWAM is making a change, one song at a time. www.musicwam.org

Workshop Session I	11:30 a.m. - 12:45 p.m.	3 rd , 4 th and 5 th Floors (Bldg. C)
Exhibits / Networking	12:45 - 2:00 p.m.	3 rd Floor Bridge
Lunch	12:45 - 2:00 p.m.	Cafeteria, 3 rd Floor and Lobby
T-Shirt Pick-Up	12:45 - 2:15 p.m.	Gym
Workshop Session II	2:15 - 3:30 p.m.	3 rd , 4 th and 5 th Floors (Bldg. C)
Evaluation Form and Raffle		Please drop off evaluation forms as you leave (look for green boxes)

- Throughout the day, there will be a children's play area in the GYM for children ages 3 and up; children 13 and under must be accompanied by an adult. This year we will be providing arts & crafts throughout the event as well as a hula hoop contest and raffle prizes. Yoga sessions will be held in the gym at the following times, courtesy of Shape Up NYC, which offers 300 free fitness classes weekly at more than 150 locations across the five boroughs.

12:00 - 12:45 p.m.: Vanessa Tirado (Aerobic Easy Workout)

1:00 - 1:45 p.m.: Suraiya Jahan (Stretch)

2:00 - 2:45 p.m.: Esmeralda Alba (IntenSati)

- Look through this guide for complete workshop descriptions. Use the symbols on page three of this guide for workshop categories located at the bottom of each description.

Special thanks to our sponsors: Seeds of Change, Cabot Cheese, Seeds of Peace, Utz Snacks, Hubert's Lemonade, Purity and to our partners: Earth Matter and School Food NYC.

Garden to Café is a program within the NYC Department of Education's Office of School Food and they have been generous enough to provide salads at lunch as well as a workshop on their program at this year's conference. This valuable program connects school and community gardens with school lunch meals through seasonal harvest events and educational activities.

Earth Matter has generously provided support for organics, recyclables and landfill collection at this year's GrowTogether. Please recycle!

ABOUT OUR KEYNOTE SPEAKERS: TONY HILLERY AND KADIATOU BA

Tony Hillery is the Founder and Executive Director of Harlem Grown. Tony founded Harlem Grown to address the health and academic challenges facing public elementary school students in Harlem.

In 2011, Tony began volunteering with a local elementary school and was witnessing first-hand the lack of resources allocated to the schools and the poor nutrition of students. While volunteering, Tony noticed an abandoned community garden across the street from the school: students called it “the haunted garden.” Tony rallied volunteers and raised the funds needed to transform the lot into a thriving urban garden, kicking off Harlem Grown’s first-ever growing season.

The first year, Tony worked with 400 students to plant 400 seedlings. He watched as students transformed their eating habits and learned skills like patience and responsibility. The first season, they grew 38 lbs of produce.

In 2016, Harlem Grown expanded to partner with six local Harlem schools, reaching over 4,500 youth, and grew over 2,500 pounds of fruits and vegetables that are then distributed to families-in-need throughout the community. This year Harlem Grown will open a brand new farm on 127th Street to continue reaching more youth in Harlem and inspire them to lead healthy and ambitious lives. Tony continues to inspire youth and adults alike through his work at Harlem Grown.

Kadiatou (Kadi) Ba has been a youth participant at Harlem Grown since its inception five years ago. Through her work farming with Harlem Grown, she has learned not only the importance of eating healthy, but has also fostered a deeper sense of community and what it means to grow nutritious foods sustainably that give back to the community. She is currently enrolled at Columbia Secondary School in Harlem.



Tony Hillery



Kadiatou (Kadi) Ba

SESSION I WORKSHOPS

11:30 a.m. – 12:45 p.m.

KEY

-  Beyond Basic Gardening
-  Composting
-  Cultivating Community Engagement
-  Financial and Political Support
-  Food Justice
-  For Teachers and Garden Educators
-  Health & Well-Being
-  Horticulture
-  Making Things

Beyond Basic Gardening

¿Aburrido por el Taladrador de la Calabaza? / Salón 558

Peggy Conte – 615 Green / Farm School NYC

Este taller ofrecerá una manera práctica y orgánica para resistir plagas comunes y enfermedades de las calabazas tales como el Taladrador de la Calabaza y Oídio. Se cubrirá los principios básicos del Manejo Integrado de Plagas.

This workshop will be in Spanish only. The same workshop will be offered in English in Session II.



Designing Your Community Garden for Present and Future / Room 454

Cindy Goulder – Ecological Landscapes / Urban Gardens / Poplar Street Community Garden

We'll explore the key factors in shaping gardens in space and time, learn from the processes, achievements and mistakes of other community gardens and address design problems facing attendees.

Facilitation for Everyone: An introduction via 596 Acres Community Governance System / Room 458

Mara Kravitz – 596 Acres

Facilitating a garden can be thankless and invisible work that falls on just a few people. It's also crucial to a healthy community project. In this workshop, you will learn some strategies to build on the strengths of your membership so that facilitation becomes shared. We will also have time to troubleshoot your facilitation challenges, whether its people who talk a long time during meetings or how to make sure the shoveling happens in the winter.

Organizing your Garden / Room 362

Janice Hawkins-Flood – President of Bainbridge Avenue Garden

By creating a foundation for your garden it resolves many reoccurring issues that crop up year after year. Issues are unavoidable when people gather, but some issues can be resolved by creating a consistent democratic process that people can rely upon.

Preventing Rats in your Garden and Compost / Room 592

Caroline Bragdon – New York City Department of Health

Learn strategies to keep your garden and compost rat-free. This workshop will also cover best practices in treating an infestation; garden design; and how the city responds to rats.

Taking the Leap from Urban to Rural Farming by Dreaming Big / Room 464

Karen Washington – La Familia Verde Community Garden Coalition / Rise & Root Farm

Learn some of the benefits, similarities, challenges, and costs going from urban farming to rural farming.

Wildlife Programming for Gardens / Room 309

NYC Parks Wildlife Unit

Wildlife is found all around NYC and it plays a vital role in the biodiversity of our environment. Even in the smallest of gardens, wildlife can thrive. NYC Parks Wildlife Unit will briefly introduce the variety of wildlife found in our urban environment and the WildlifeNYC campaign. This workshop will present ideas and activities for garden visitors and family programming. Participants will also be introduced to a variety of citizen science programs garden users can arrange to participate in.

Composting (2)

Compost 101 / Room 593

Andrew Olesh – NYC Compost Project hosted by Queens Botanical Garden

Learn how to compost in your community garden! This workshop will cover feed stocks, elements, basic tools and site design to successfully compost your garden waste and food scraps. There will also be a hands-on activity to engage participants in feedstock identification and carbon/nitrogen ratios necessary for optimal decomposition rates of materials available in your community.

The same workshop will be offered in Spanish in Session II.

Composting and Vermiculture in Schools: Do It the Rot Way / Room 450

Nicole Cardish and Hannah Joseph – FoodCorps

Looking to compost at school and engage students in the process? We will cover the best compost projects for your school community, the background science, and hands-on lessons around compost.

From Kitchen Waste to Garden Gold: How to Build and Maintain an Indoor Worm Bin / Room 561

Tai Montanarella – The New York Botanical Garden

Learn the environmental conditions and dietary needs of red worms to survive indoors while they recycle food waste into nutrient-rich fertilizer to add to your garden or potted plants.

Joining DSNY's Curbside Organics Program / Room 512

Tal Zaken – NYC Department of Sanitation (DSNY) and Marguerite Manela – NYC Compost Project

A comprehensive review of DSNY's strategy for managing organic waste, and information on how to get your garden involved.

Support your Plant / Room 460

Kevin Doby, Marisa DeDominicis, Marc Shifflett, Perry Leung, Anna Cassell, Harrison Weiss, Jessica Haltzman, Matt Civello, and Paul Glick – NYC Compost Project Hosted by Earth Matter NY, Inc.

Join us in creating a compost-soil seed start mix. We will then plant "sweet baby girl" tomato seeds in a pot. Build and take home a small bamboo trellis that will support your vine made out of Brooklyn born and raised bamboo stakes, lashed together!

This workshop is offered in English and Cantonese.

支持你的種植!

460 室

歡迎大家來參加製造一種混合肥料的土壤，用培植種子。這種子用來種植'櫻桃蕃茄' (Sweet Baby Girl Tomato)。我們會種植這蕃茄在盆內。並且會用布魯克林出產的竹子，搭起一個格子棚架來幫助蕃茄成長。

The Hip-Hop Hauler: How to Turn Trash into Cash / Room 351

Dior St. Hillaire – GreenFeen

NYC Organics Collection is a program that collects food scraps and yard waste. Come learn what compost is, why it is valuable, and how to leverage this program as a means for economic empowerment.

Cultivating Community Engagement

Our Gardens, Our Stories: Conveying a Gardener's Experience through Oral History / Room 364

Moriba Jackson and Zachary Schulman – Brooklyn Queen Land Trust and Taina Evans – Brooklyn Public Library

Panelists from BQLT and BPL will discuss our process for developing a collaborative partnership; share tips for collecting the best stories and ideas for oral history projects through podcast production.

Barrier-free Garden Design / Room 457

Eric Thomann – NYC Parks GreenThumb

Gardens should be accessible to everyone, regardless of age level or movement ability. This workshop will show several design work-arounds to common garden structures that enable everybody to enjoy your garden. Bring in your ideas and questions if your group is planning a garden building project. Handouts will be provided.

NYCCGC State of Community Gardens 2017 / Room 554

Panel moderated by Aziz Dehkan and Ray Figueroa – New York City Community Garden Coalition

This interactive panel discussion/workshop will look back and ahead at the issues facing community gardens. We will discuss the power of community engagement in making community gardens more permanent and diverse through building membership.

This workshop is offered in English and Spanish.

Estado de los Jardines Comunitarios 2017 / Salón 554

Aziz Dehkan y Ray Figueroa – Coalición de Jardines Comunitarios de la Ciudad de Nueva York

Este taller interactivo mirará a los asuntos que los jardines comunitarios enfrentan. Discutiremos el poder de la participación comunitaria en la creación de más jardines permanentes y diversos a través de la construcción de membresía.

People Power within NYC Local Government / Room 551

Qiana Mickie and Emilie Miyauchi – Just Food

People Power within the NYC Government is an informative and interactive advocacy exercise led by Just Food staff that explores engagement opportunities community groups can leverage within local city government. This workshop will highlight the responsibilities of key city government departments and officials – in particular those who have funding and oversight on issues that impact the work of gardeners. Attendees will explore together how to influence key city government stakeholders from the ground up.



Grant Writing 101 / Room 352

Katie Grassle and Shawn Whitehorn – Citizens Committee for New York City

During this workshop, we will de-mystify the grant-writing process by discussing tips for applying to community-oriented grants. Topics range from finding a grant to communicating your project in an application.

This Land is Our Land: The State of the Community Land Access in 2017 / Room 359

Paula Z. Segal – 596 Acres and a panel of NYC farmers and gardeners

Attorney and founder of 596 Acres Paula Z. Segal will moderate a discussion led by farmers and gardeners who are advocating to keep their spaces and or to create new ones. Participants will learn what strategies are working in the present political context. We will plan practical paths forward to support the presenters and others across the boroughs working to keep and create community growing spaces.

Food Justice

An Education of Liberation in the Garden / Room 557

Ruby Olisemeka

Learn how to create an interactive garden experience/lesson that teaches participants about food justice issues (corporate food flooding) and solutions (maximizing production of locally grown nutritious food and creating value-added products).



Children's Literature in the Garden / Room 565

Jamie Levato and Ellie Limpert – Poughkeepsie Farm Project

Learn to use multicultural children's literature to enhance your garden-based instruction and teach concepts in social studies, science, and nutrition. Discover great multicultural children's literature and practice developing engaging learning activities that meet the goals of your program or school. Poughkeepsie Farm Project educators will share tips, a book list, and best practices for using literature to center your instruction.

From Seed to Harvest: Engaging Youth Year-Round with Garlic and Carrots / Room FDR, 3rd Floor

Manna Hara, Dylan Hammond, and Shari Rose – City Parks Foundation

This workshop is about garlic and carrots and the educational activities that we have used. Participants will make their own garlic and/or carrot pickling, customized with herbs and spices.

Simple Ways to Cook with Kids in a School or Community Garden / Room 355

Marissa Finn, Megan Gilbert, and Mirem Villamil – Edible Schoolyard NYC

This workshop will focus on ways to cook with kids in various spaces. We will prepare a spring salad and share lessons, recipes, and basic skills and techniques.

This workshop is offered in English and Spanish.

Maneras Simples de Cocinar con Niños en un Jardín Comunitario o Escolar / Salón 355

Marissa Finn, Megan Gilbert y Mirem Villamil – Edible Schoolyard NYC

Este taller se enfocará en las maneras de cocinar con niños en diferentes espacios. Prepararemos una ensalada primavera y compartiremos lecciones, recetas y técnicas y habilidades básicas.

Starting and Sustaining a School Garden / Room 451

Jessie Kerr-Vanderslice and Arielle Hartman – GrowNYC

School gardens are vibrant living learning labs, full of amazing possibilities for classroom and community education. But starting and sustaining a garden can be a challenge, especially in NYC public schools where space (and time!) can feel especially tight. From funding to maintenance, curriculum to community outreach, the Grow to Learn team will walk you through the secrets of getting a successful school garden program growing.

Youth in Gardens / Room 356

Nando Rodriguez – The Brotherhood/Sister Sol

Youth members of Gaia Renaissance will facilitate a workshop/presentation on how they are involved in our Environmental Program to help participants understand techniques or strategies on engaging young people in your programs and how to keep them involved and engaged.

Health and Well Being ♥

Answers to Legacy Lead in Our Community Spaces / Room 465

Hannah Shayler – Cornell Waste Management Institute and Sara Perl Egendorf - NYC Urban Soils Institute at Brooklyn College

Lead is a fact in the urban environment, and a legacy of past practices that allowed its use in products like paint and gasoline. In this workshop, you will learn the science of lead in the garden, hear updates on research taking place in GreenThumb gardens, and best practices for keeping gardeners and neighbors safe. We will also celebrate the role that gardeners play in mitigating the harms of lead for residents when they create gardens out of vacant lots: it's another benefit we are bringing to our neighborhoods! We will also distribute lead safety signs for participants' gardens.

Garden Songs / Room 560

Claudia Joseph – The Old Stone House/New York Permaculture Exchange

Gardens are good for growing heart as well as plants. Join in learning songs to sing in the garden.

Green Chemistry: Introduction to Natural Spa Products / Room JFK, 3rd Floor

Gioya DeSouza-Fennelly and Sabrina Fennelly

Most commercial spa and beauty products contain harsh chemicals. Learn how to make natural spa products using organic and natural ingredients which are good for our bodies and our planet. Self-care is an ancient ritual that we can still enjoy today.

Less Salt, More Herbs / Room 391

Brenda Thompson-Duchene – Isabahlia Ladies of Elegance Foundation Inc. and Gerard Miller

Join Brownsville community gardener and farmer Brenda Thompson-Duchene in a discussion about how to incorporate more fresh herbs from the garden into your cooking. This workshop will cover garden favorites such as oregano, rosemary, cilantro, thyme, basil, sage, and parsley.

The Power of Herbs / Room B-501

Sebert Harper – Horticulturist

Herbs are powerful in treating common sicknesses as well as other aspects impacting our quality of life. Let us explore the ancient art of herbs for arthritis, asthma, diabetes, blood pressure, P.M.S., even beauty care and much more.



Horticulture ☀

Butterfly Project NYC / Room 593A

Ursula Chanse and Chrissy Word - Bronx Green-Up/New York Botanical Garden, Dina Garcia - New Roots Community Farm

This workshop will discuss the importance of pollinators for the success, health, and enjoyment of your community garden. We will focus on how to best design and incorporate gardens for pollinators.

This workshop is offered in English and Spanish.

Butterfly Project NYC / Salón 593A

Ursula Chanse y Chrissy Word - Bronx Green-Up/New York Botanical Garden, Dina Garcia - New Roots Community Farm

Este taller discutirá la importancia de los polinizadores para el éxito, salud y placer de su jardín comunitario. Nos enfocaremos en cómo diseñar e incorporar jardines para los polinizadores.

Making Things ✂

Making Soap from Scratch / Room 390

Diana Pedi - NYC Parks GreenThumb

Make your own soap using simple ingredients. Join us for a hands-on workshop where we'll be making two scents: peppermint and lemongrass. This workshop will be capped at 25 attendees.

Alchemy in the Kitchen: Making Vinegar from Scraps / Room 467

Harry Rosenblum - The Brooklyn Kitchen

Learn to make delicious and nutritious vinegar from fruit and vegetable scraps. Turn your trash into treasure.

Hot Pepper Sauce Recipes and Cultivation Practices from Around the Globe / Room 550

East New York Farms! (ENYF) staff, youth interns, and community gardeners, moderated by Sadatu Usman – East New York Farms!

The ENYF community cherishes its hot pepper cultivating legacies and practices. Come learn about how our community of gardeners from Africa, the Caribbean, and South Asia cultivate these delicacies to then transform them into some of the most tasty and flavorful pepper sauces in Brooklyn. Come enjoy delicious homemade pepper sauces made by our youth interns, community gardeners, and ENYF staff all from family recipes from around the globe. Learn about the plethora of hot pepper varieties grown at ENYF from mild and sweet to insanely hot. It's going to be spicy!

How to Build a Simple Rainwater Harvesting System / Room 564

Arif Ullah – Citizens Committee for New York City

Rainwater is better for your plants. Learn how to harvest rain by building a simple system for your community garden. We will discuss planning out the system and materials needed.

Crafts for Senior Citizens / Lobby

Johanna Willins – Herbal Garden of East New York

Reuse, recycle, and have fun! Join us in the lobby for newspaper crafts such as hats and planters. Reuse household items to save money in the garden, and get tips for organizing your seeds ahead of the growing season.



SESSION II WORKSHOPS

2:15 – 3:30 p.m.

KEY

-  Beyond Basic Gardening
-  Composting
-  Cultivating Community Engagement
-  Financial and Political Support
-  Food Justice
-  For Teachers and Garden Educators
-  Health & Well-Being
-  Horticulture
-  Making Things

Beyond Basic Gardening

Bored with Squash Vine Borer? / Room 558

Peggy Conte – 615 Green / Farm School NYC

This workshop will offer a practical, organic approach to resisting common squash pests and diseases such as Squash Vine Borer and Powdery Mildew. It will cover the basic principles of Integrated Pest Management.

Herb Spirals and Straw Bales: Small Spaces and Bountiful Harvests / Room 460

Carolyn Zezima - NYC Foodscape and Chris Batenhorst – Campos Community Garden

An herb spiral is a permaculture garden that uses a spiral of rocks or bricks to contain soil and other filler to grow a diverse array of herbs. Straw bales are another fun and easy way for new and experienced gardeners of all ages to grow lots of healthy food in small spaces or with poor soil conditions. Learn about the many benefits of these unique garden styles for urban settings, small garden spaces, schools, areas with questionable soil or anywhere you want to put a gorgeous and unique conversation piece.

Inevitable Cat Populations in Gardens / Room 592

Anja Krause – NYC Feral Cat Initiative of the Mayor's Alliance

The feral and stray cat population in many NYC community gardens are problematic and interfering often with the use and enjoyment of our precious green spaces. This workshop will address the question how to reduce the abundant cat population in our communities and the benefit of an open dialogue between community members, green organizations and animal-related agencies to successfully reduce the feral/stray cat over population in the gardens.

This workshop is offered in English and Spanish.

Las Poblaciones Inevitables de Gatos en Jardines / Salón 592

Anja Krause – NYC Feral Cat Initiative of the Mayor's Alliance

La población de gatos salvajes y callejeros en muchos de los jardines comunitarios de la Ciudad de Nueva York es un problema e interfiere frecuentemente con el uso y el placer de nuestros valiosos espacios verdes. Este taller abordará la pregunta de cómo reducir la abundante población de gatos en nuestras comunidades y el beneficio de un dialogo abierto entre los miembros de la comunidad, organizaciones ambientales, y agencias relacionadas con los animales para reducir de manera exitosa la población de gatos salvajes y callejeros en los jardines.

Introducing Mushrooms and Fungi / Room 458

Olga Tzogas – Smugtown Mushrooms

Together we will take a look at the roles mushrooms play within our lives, the forest, and in food systems. Learn basic concepts of mycology, explore their biology and ecology, and learn some basic methods for growing mushrooms in your community garden or your kitchen.

Nuts and Bolts of Starting a Farmer's Market / Room 464

Karen Washington – La Familia Verde Community Garden Coalition / Rise & Root Farm

Learn what it takes to start a community garden run farmer's market and make it profitable.

Organizing your Garden / Room 362

Janice Hawkins-Flood – President of Bainbridge Avenue Garden

Creating a foundation of your garden resolves many reoccurring issues that crop up year after year. Issues are unavoidable when people gather, but some issues can be resolved by creating a consistent democratic process that people can rely upon.

Urban Farm Tour / Meet in the Lobby

Kathleen McTigue – International Rescue Committee and Kadeesha Williams - Bronx Green-Up, NYBG

Walk and visit the New Roots Community Farm to learn how food production, native plants, compost, and bees all contribute to this productive green space in the heart of the Bronx.

This workshop is offered in English and Spanish.

Visita a la Granja Urbana / Lobby

Kathleen McTigue – International Rescue Committee and Kadeesha Williams - Bronx Green-Up, NYBG

Visite la Granja Comunitaria New Roots para aprender cómo la producción de comida, las plantas nativas, el abono y las abejas contribuyen a este espacio verde productivo en el corazón del Bronx.

Composting (🌀)

Building a Grassroots Commercial Composting Service / Room 351

Sandy Nurse – BK ROT: Compost Collection Powered by Youth

Organic waste hauling and composting services create accessible local jobs while improving ecosystems. BK ROT started with one worker collecting 300lbs/month and grew to processing 6,000lbs/month, with 6 workers, and serving 80 households and 5 businesses. We will share 3.5 years of lessons learned and dialogue on scalability, replicability and financial sustainability.

Abono Básico / Salón 593

Andrew Olesh – NYC Compost Project presentado por Queens Botanical Garden

¡Aprenda a cómo hacer el abono en el jardín comunitario! Este taller expone las necesidades (las materias primas, herramientas básicas, los elementos químicos, y el diseño del sitio) para convertir los residuos de jardinería y los desperdicios de la cocina en abono de alta calidad. Habrá también una actividad práctica que invitará a los participantes a identificar varias materias primas y calcular las proporciones requeridas entre el carbón y el nitrógeno para promover la descomposición óptima de las materias disponibles en las comunidades de NYC.

This workshop is offered in Spanish only.

Compost: A Hearty Hill of Horticulture Knowledge / Room 561

Tanya Mejia (Organizer) - Friends of the High Line

Worms, Bins, and Windrows. Come hear about youth experiences with composting. Understand how composting works while learning the advantages and disadvantages of different systems.

Joining DSNY's Curbside Organics Program / Room 512

Tal Zaken – NYC Dept. of Sanitation (DSNY) and Marguerite Manela - NYC Compost Project

A comprehensive review of DSNY's strategy for managing organic waste, and information on how to get your garden involved.

Worm Composting Made Easy / Room 450

Sawdayah Brownlee – Youth Farm Leadership Council of the Youth Farm

Worms are one of the Earth's major diggers and recyclers! We will introduce what we've learned about vermiculture and the importance of worms for soil fertility and plant growth. The audience will learn how to care for their own worm bin and resources they can use to begin one for their own garden or farm. Our worms are visiting with us as well to show off their home!

Conscious Orchards and Fresh Waters / Room 550

Paola L. Garcia – Conscious Orchards, Kristen Wyman – Freshwater Consulting, and Keely Curliss

Our individual and collective legacies are the most sacred contributions we reciprocate to Mother Earth and future generations. Passing down generational knowledge and traditional customs are our responsibility if we aim for a healthy, sustainable future. Integrating First Nations and grassroots urban community perspectives, let's talk earth and human stewardship, wellness, resilience, and sovereignty, and develop asset-building strategies towards our self-determination.

This workshop is offered in English and Spanish.

Huertos Conscientes y Agua Fresca / Salón 550

Paola L. Garcia – Conscious Orchards y Kristen Wyman - Freshwater Consulting

Nuestros legados individuales y colectivos son las contribuciones más sagradas que correspondemos a la Madre Tierra y a las generaciones futuras. El legado del conocimiento generacional y las costumbres tradicionales es nuestra responsabilidad si aspiramos a un futuro saludable y sustentable. Al integrar las perspectivas de las Primeras Naciones y grupos urbanos de defensa, hablaremos acerca del cuidado humano y de la Tierra, bienestar, resiliencia, y soberanía, y desarrollaremos estrategias para la construcción de valores hacia nuestra autodeterminación.

Film GREEN STREETS on Community Gardening / Room C151

Maria DeLuca and Ian Barnett

GREEN STREETS is an award-winning, nationally televised 87 minute film shot in 35 community gardens in all 5 boroughs in the 70's and 80's. Shown in 12 countries, it's still in active distribution.

Managing Conflict in the Cross-pollination of Ideas / Room 309

Michelle Jackson

In community gardens, ideas cross-pollinate around growing food and tending to land. This workshop provides frameworks and processes to manage conflict that arise within our collaborations.

NYCCGC State of Community Gardens 2017 / Room 554

Panel moderated by Ray Figueroa – New York City Community Garden Coalition

This interactive panel discussion/workshop will look back and ahead at the issues facing community gardens. We will discuss the power of community engagement in making community gardens more permanent, diverse through building membership.

This workshop is offered in English and Spanish.

Estado de los Jardines Comunitarios 2017 / Salón 554

Ray Figueroa – Coalición de Jardines Comunitarios de la Ciudad de Nueva York

Este taller interactivo mirará a los asuntos que los jardines comunitarios enfrentan. Discutiremos el poder de la participación comunitaria en la creación de más jardines permanentes y diversos a través de la construcción de membresía.

People Power within NYC Local Government / Room 551

Qiana Mickie and Emilie Miyauchi - Just Food

People Power within the NYC Government is an informative and interactive advocacy exercise led by Just Food staff that explores engagement opportunities community groups can leverage within local city government. This workshop will highlight the responsibilities of key city government departments and officials – in particular those who have funding and oversight on issues that impact the work of gardeners. Attendees will explore together how to influence key city government stakeholders from the ground up.

Stormwater Management in Community Gardens / Room 454

Aziz Dehkan - New York City Community Garden Coalition and Charles Krezell – LUNGS

With increasing large rain making storms we will discuss how community gardens can be at the forefront of storm water capture. We will look at lessons learned from NYCCGC's Gardens Rising project.

Tracking Butterflies in NYC / Room 593A

Katie Grassle - Citizens Committee for New York City, Ursula Chanse - Bronx Green-Up/The New York Botanical Garden, Chrissy Word - City Parks Foundation and Dina Garcia - New Roots Community Farm

This interactive workshop on butterflies introduces an exciting citizen science project for adults and youth. Learn about these amazing creatures and how to provide long-term data to support their conservation.

This workshop is offered in English and Spanish.

Rastreo de Mariposas en Nueva York / Salón 593A

Katie Grassle - Citizens Committee for New York City, Ursula Chanse - Bronx Green-Up/The New York Botanical Garden, Chrissy Word - City Parks Foundation y Dina Garcia – Granja Comunitaria New Roots

Este taller interactivo sobre mariposas presenta un proyecto de ciencia ciudadana fascinante para adultos y jóvenes. Aprenda acerca de estas criaturas increíbles y a cómo proveer información a largo plazo para apoyar su conservación.



Financial and Political Support

This Land is Our Land: The State of the Community Land Access in 2017 / Room 359

Paula Z. Segal - 596 Acres and NYC Farmers and Gardeners

Attorney and founder of 596 Acres Paula Z. Segal will moderate a discussion led by farmers and gardeners who are advocating to keep their spaces and/or to create new ones. Participants will learn what strategies are working in the present political context. We will plan practical paths forward to support the presenters and others across the boroughs working to keep and create community growing spaces.

Vanquishing Fundraising Fears / Room 352

Ethany Uttech – ioby and Michael Mullaley - Partnerships for Parks

Partnerships for Parks and ioby will help you slay common fears about grant writing and crowd funding. We'll cover tips for becoming a confident, successful fundraiser and share resources for further support.



Culture, Language and Migration Stories in Community Gardens / Room 364

Claudia Urdanivia and Rosa Lopez - Jardín Raíces del Sur in Passaic, NJ, Rosalba Lopez Ramirez of Kelly Street Community Garden in the South Bronx

This workshop will focus on the importance of storytelling and building connections between women and children, land, culture, language, and immigration in community garden spaces. Highlighting their work at Jardín Raíces del Sur in Passaic, New Jersey, and the Kelly Street Community Garden in the South Bronx, the co-presenters will begin by describing the functions of educational community gardens that actively work with mothers and children and immigrant communities of color. We will share an exercise with the audience that they can use in their own community garden, as well as different art activities for children that incorporate the themes of language and culture. *This workshop is offered in English and Spanish.*

Cultura, Idioma e Historias de Migración en Jardines Comunitarios / Salón 364

Claudia Urdanivia y Rosa Lopez - Jardín Raíces del Sur en Passaic, NJ, Rosalba Lopez Ramírez del Jardín Comunitario Kelly Street del Sur del Bronx

Este taller se enfocará en la importancia de la narración y la construcción de conexiones entre mujeres y niños, tierra, cultura, idioma, y migración en los espacios de jardines comunitarios. Al destacar su trabajo en el Jardín Raíces del Sur en Passaic, Nueva Jersey, y el Jardín Comunitario Kelly Street del Sur del Bronx, los presentadores empezarán por describir las funciones de los jardines comunitarios educativos que activamente trabajan con madres y niños y con comunidades emigrantes de color. Compartiremos un ejercicio donde la audiencia podrá utilizar en su propio jardín comunitario al igual que diferentes actividades de arte para los niños que pueden incorporar temas de idioma y cultura.

A Year in Your School Garden / Room 451

Emily Rehberger and Cecilia Galarraga - Edible Schoolyard NYC

This workshop will walk through one lesson plan and garden job for each month of the school year in a school garden setting. The focus will be on elementary school, with scalable lessons.

Beyond the Passive Cooking Demo / Room 355

Nadine Nelson and Juliet Harris - Global Local Gourmet

Effective teachers are equipped with a repertoire of teaching strategies designed to meet the educational needs of all students in the classroom. Through modeling activities, showing good practices, and sharing resources, we will show how cooking classes and wellness programs bring families together, improve outcomes in the community, and facilitate a better understanding of other cultures, food justice, and policy.

This workshop is offered in English and Spanish.

Demonstración de Más Allá de la Cocina Pasiva / Salón 355

Nadine Nelson y Juliet Harris - Global Local Gourmet

Profesores efectivos están equipados con un repertorio de estrategias de enseñanza diseñadas para alcanzar las necesidades educativas de todos los estudiantes en el salón de clases. A través de actividades de construcción de modelos, demostración de buenas prácticas, y el compartir recursos, mostraremos cómo las clases de cocina y programas de bienestar unen a las familias, mejora los resultados en la comunidad, y facilita un mejor entendimiento de otras culturas, justicia alimentaria, y política.

Toys from Twigs / Room 457

Eric Thomann – NYC Parks GreenThumb

A hands-on workshop for teachers, parents, and care-givers of elementary school children. Learn how to safely build an array of toys that can be made from twigs the kids have gathered. Share your own ideas. You will build a toy in this workshop. Handouts will be provided with twig toy plans and a suggested tool list.

Youth in Gardens / Room 356

*Nando Rodriguez - The Brotherhood/
Sister Sol*

Youth members of Gaia Renaissance will facilitate a workshop/presentation on how they are involved in our Environmental Program to help participants understand techniques and strategies on engaging young people in your programs and how to keep them involved and engaged.

Health and Well Being

A Farmers' Yoga / Room C152

Onika Abraham - Farm School NYC

Repetitive gardening movements often cause painful knee joints and sore back muscles. Founded by a farmer and Kripalu-trained yoga instructor, A Farmers' Yoga classes are for gardeners, not gurus. This class will soothe, strengthen and connect students with their intention to grow.

Herbal Use of Common Weeds / Room 564

Sarah Elisabeth

Eat your way to a nutritious and weedless garden with a hands-on workshop in the practical use of common weeds.

Living in Contaminated Cities: A Field Guide to Urban (Soil) Bioremediation Poster / Room 465

Jan Mun and Liz Skolnick - The Greenpoint Bioremediation Project

A presentation of the new poster on urban soil bioremediation created by the Greenpoint Bioremediation Project. Learn more about your urban soil, the soil food web, possible contaminants, microbes, compost, compost tea and mycoremediation.

Real Food in a Fake Democracy / Room FDR, 3rd Floor

Amy Rowe

How to find safe food, improve your health, satisfy your cravings, and vote with your fork! A few nutrition principles can help prevent or cure many illnesses. We'll discuss building health by identifying trustworthy sources of nutrition information as well as invigorating, delicious, and affordable foods.

Sowing Seeds 1976-2017 / Room JFK, 3rd Floor

Frances Mastrota

Reap the harvest of 40 years of community gardening and 26 years of GreenThumb workshops, the result of which is the preservation, protection, and sustenance of our East Harlem CB11 community gardens. Participants will receive instructions/resource manual, SCOBY, fermented food tasting samples, and vinegar. Free raffle prizes.

The Power of Herbs / Room B-501

Sebert Harper – Horticulturist

Herbs are powerful in treating common sicknesses as well as other aspects impacting our quality of life. Let us explore the ancient art of herbs for arthritis, asthma, diabetes, blood pressure, P.M.S., even beauty care and much more.

Horticulture

Grow Your Own Transplant / Room 565

Nick Storrs - Homegrown Nurseries

Save money and gain access to a much wider variety of vegetables and herbs by learning to start your own seeds indoors. Learn many different methods using simple materials to grow great transplants.

Tomato Heaven / Room 560

Maureen O'Brien and Carla Rodriguez - Brooklyn Botanic Garden

Heirloom tomato varieties – like Grandfather Ashlock, Speckled Roman, and Green Doctors – are luscious globes of food history that are also packed with vitamins. Start your own tomato 6-pack.

This workshop is offered in English and Spanish.

Paraíso de Tomates / Salón 560

Maureen O'Brien y Carla Rodriguez - Brooklyn Botanic Garden

Variedades típicas de tomates – como Grandfather Ashlock, Speckled Roman, y Green Doctors – son globos deliciosos de historia alimenticia que también están llenos de vitaminas. Empieza tu propio cultivo de tomates.

Making Things

Alchemy in the Kitchen: Making Vinegar from Scraps / Room 467

Harry Rosenblum - The Brooklyn Kitchen

Learn to make delicious and nutritious vinegar from fruit and vegetable scraps. Turn your trash into treasure.

The West African “Cowpea” - Introducing Indigenous Crops and Dishes to our American Kitchens and Gardens / Room 557

Ruby Olisemeka

Taste and prepare some African dishes that use the indigenous cowpea; discuss food connections within the African Diaspora. Start seeds to grow in your greenhouse, windowsill, container or garden.

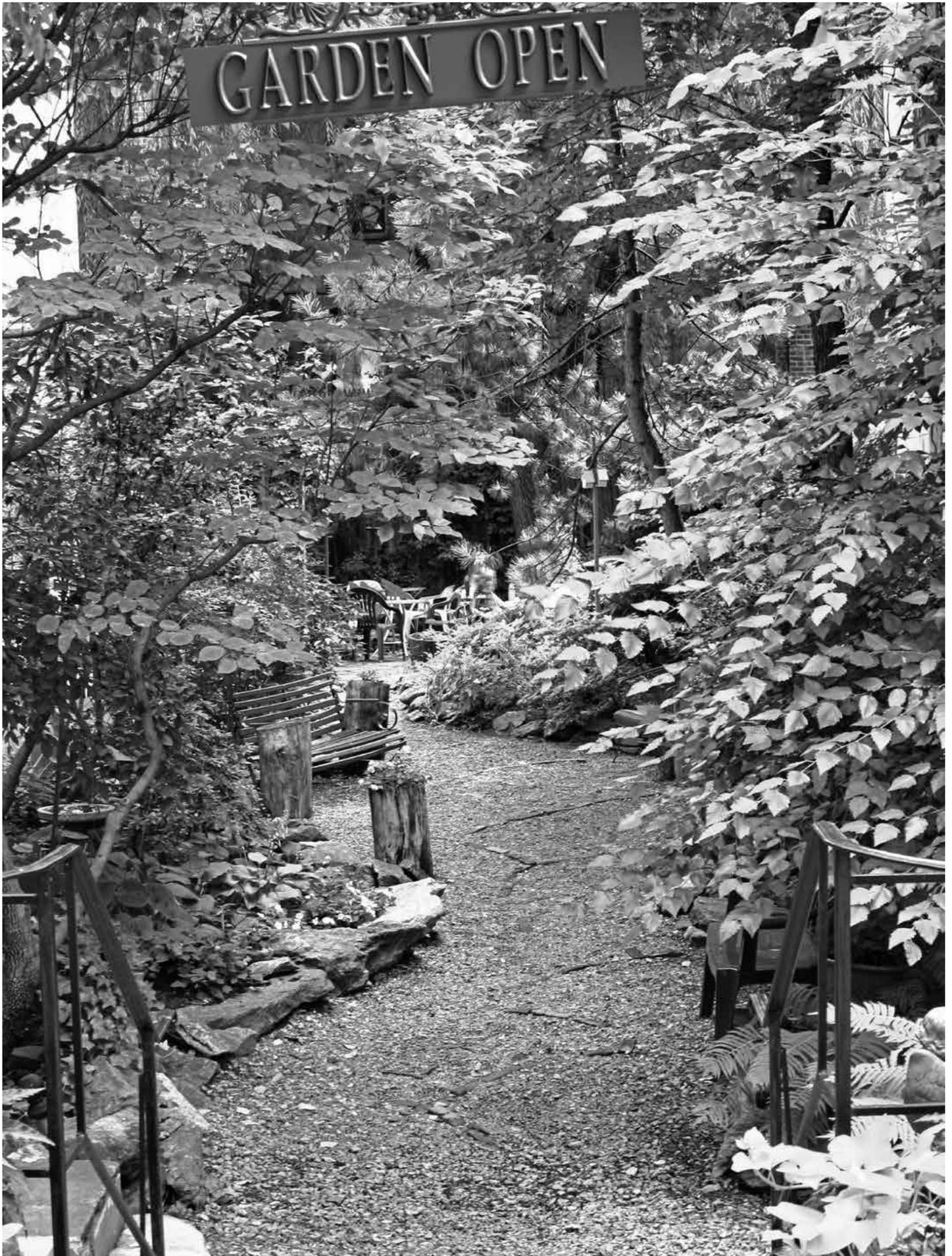
Making Soap from Scratch / Room 390

Diana Pedi - NYC Parks GreenThumb

Make your own soap using simple ingredients. Join us for a hands-on workshop where we'll be making two scents: peppermint and lemongrass. This workshop will be capped at 25 attendees.

SAVE THE DATE:

2017
GreenThumb
Harvest Fair
September 16
in Brooklyn



SESSION 1 WORKSHOPS 11:30 a.m. – 12:45 p.m.

Wildlife Programming for Gardens 🐾	309
The Hip-Hop Hauler: How To Turn Trash Into Cash ♻️	351
Grant Writing 101 📄	352
Simple Ways To Cook With Kids In A School Or Community Garden ✍️	355
Youth in Gardens ✍️	356
This Land Is Our Land: the State of the Community Land Access in 2017 📄	359
Organizing Your Garden 🐾	362
Our Gardens, Our Stories: Conveying a Gardener's Experience through Oral History 🗣️	364
Making Soap from Scratch ✂️	390
Less Salt, More Herbs ❤️	391
Composting and Vermiculture in Schools: Do it the Rot Way ♻️	450
Starting and Sustaining a School Garden ✍️	451
Designing Your Community Garden - for Present and Future 🐾	454
Barrier-free Garden Design 🗣️	457
Facilitation for Everyone: an introduction via 596 Acres' Community Governance System 🐾	458
Support your Plant ♻️	460
Taking the Leap from Urban to Rural Farming by Dreaming Big 🐾	464
Answers to Legacy Lead in Our Community Spaces ❤️	465
Alchemy in the Kitchen: Making Vinegar from Scraps ✂️	467
Joining DSNY's Curbside Organics Program ♻️	512
Hot Pepper Sauce Recipes and Cultivation Practices from around the Globe with ENYF ✂️	550
People Power within NYC Local Government 🗣️	551
NYCCGC State of Community Gardens 2017 🗣️	554
An Education of Liberation in the Garden 🗣️	557
Bored with Squash Vine Borer? 🐾	558
Garden Songs ❤️	560
From Kitchen Waste to Garden Gold: How to Build and Maintain an Indoor Worm Bin ♻️	561
How To Build a Simple Rainwater Harvesting System ✂️	564
Children's Literature in the Garden ✍️	565
Preventing Rats in your Garden & Compost 🐾	592
Compost 101 ♻️	593
Butterfly Project NYC ⚙️	593A
The Power of Herbs ❤️	B-501
From Seed to Harvest: Engaging Youth Year-round with Garlic and Carrots ✍️	FDR
Green Chemistry: Introduction to Natural Spa Products ❤️	JFK
Crafts for Senior Citizens ✂️	Lobby

KEY

 Beyond Basic Gardening	 Financial and Political Support	 Health & Well-Being
 Composting	 Food Justice	 Horticulture
 Cultivating Community Engagement	 For Teachers and Garden Educators	 Making Things

SESSION 2 WORKSHOPS 2:15 – 3:30 p.m.

Managing Conflict in the Cross-pollination of Ideas 	309
Building a Grassroots Composting Service 	351
Vanquishing Fundraising Fears 	352
Beyond the Passive Cooking Demo 	355
Youth in Gardens 	356
This Land Is Our Land: the State of the Community Land Access in 2017 	359
Organizing Your Garden 	362
Culture, Language and Migration Stories in Community Gardens 	364
Making Soap from Scratch 	390
Worm Composting Made Easy 	450
A Year in Your School Garden 	451
Stormwater Management in Community Gardens 	454
Toys from Twigs 	457
Introducing Mushrooms and Fungi 	458
Herb Spirals and Straw Bales: Small Spaces & Bountiful Harvests 	460
Nuts and Bolts of starting a Farmer's Market 	464
Living in Contaminated Cities: A Field Guide to Urban (Soil) Bioremediation Poster 	465
Alchemy in the Kitchen: Making Vinegar from Scraps 	467
Joining DSNY's Curbside Organics Program 	512
Conscious Orchards & Fresh Waters 	550
People Power within NYC Local Government 	551
NYCCGC State of Community Gardens 2017 	554
The West African "Cowpea": Introducing Indigenous Crops and Dishes to our American Kitchens and Gardens 	557
Bored with Squash Vine Borer? 	558
Tomato Heaven 	560
Compost: A Hearty Hill of Horticulture Knowledge 	561
Herbal Use of Common Weeds 	564
Grow Your Own Transplant 	565
Inevitable Cat Populations in Gardens 	592
Compost 101 	593
Tracking Butterflies in NYC 	593A
The Power of Herbs 	B-501
Film GREEN STREETS on Community Gardening 	C-151
A Farmers' Yoga 	C-152
Real Food in a Fake Democracy 	FDR
Sowing Seeds 1976-2017 	JFK
Urban Farm Tour 	Meet in the Lobby

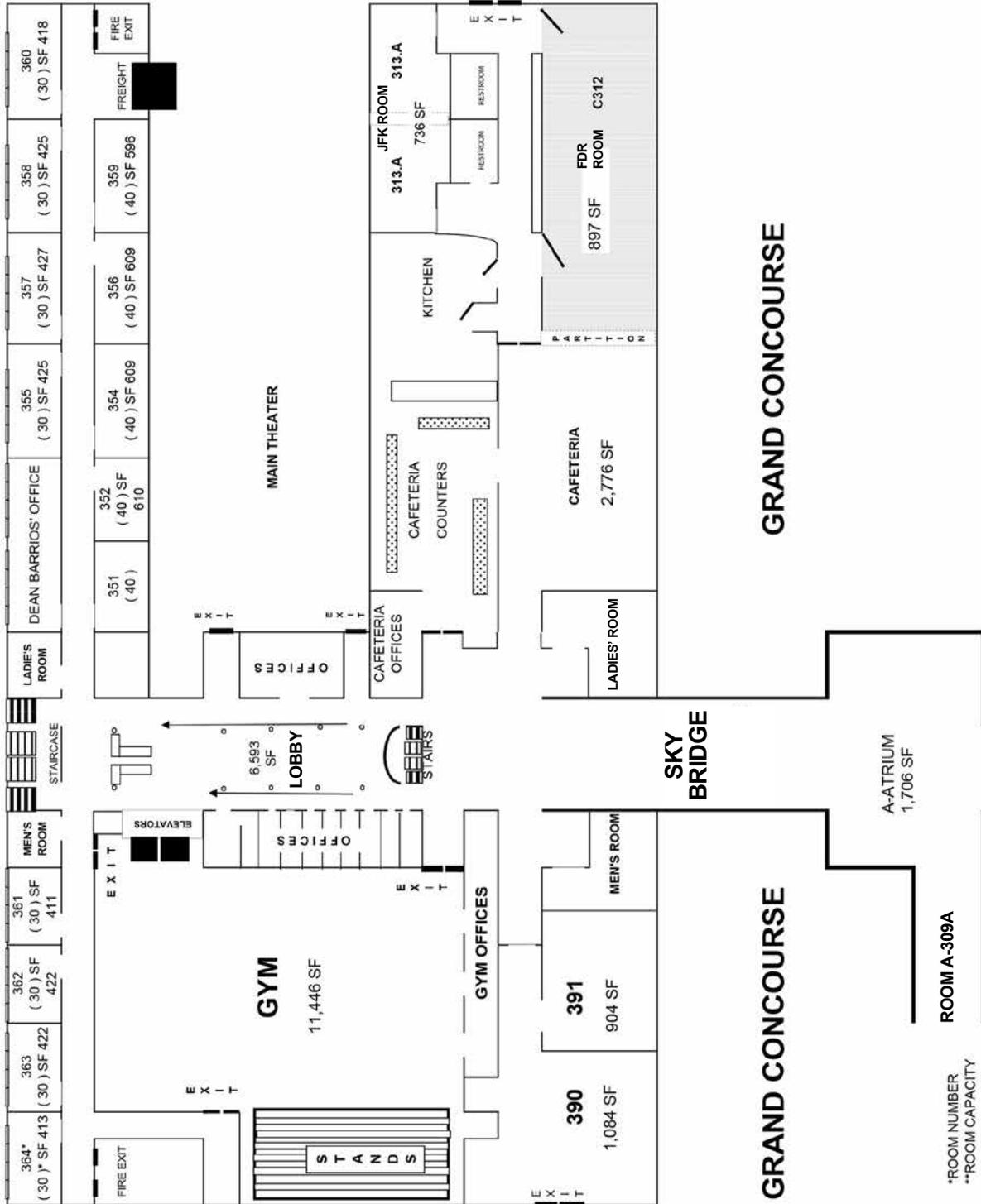
KEY

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*ROOM NUMBER
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